### **INSTRUCTIONS TO AUTHORS**

# **Original Communications**

The Philippine Journal of Geriatrics and Gerontology accepts articles on Geriatrics and Gerontology, and its subspecialties. Articles are accepted for publication to the Philippine Journal of Geriatrics and Gerontology and that all copyright ownership is assigned to the Philippine Society of Geriatrics and Gerontology.

#### Manuscript

Manuscripts should follow the following guidelines:

- Clear manuscripts, tables and illustrations must be submitted in MS Word format with .doc or .docx extension.
- Typewritten with double spacing and margins.
- The title should be informative of the manuscript's contents. The title page should include the complete title, author's names, degrees, hospital and academic affiliations, the address of mailing proofs, a short title to be used as running head, so indicated, and other information that the authors may wish to include in the footnotes.
- Page numbering should be given with the title page, followed by the summary (abstract), as page 2, etc.
- Abbreviations should be defined at first appearance in the text, tables, figures or summary.
- Generic names of drugs should be given.
- When submitting papers to PJGG, the senior author and all his/her co-authors should sign the request letter.
- Author should refer to section IV (Manuscript preparation and submission) of the "Uniform Requirements for Manuscripts Submitted to Biomedical Journals: Writing and Editing for Biomedical Publication" that is available for download at the International Committee of Medical Journal Editors (ICJM) website via this link: <a href="http://www.icmje.org/icmje-recommendations.pdf">http://www.icmje.org/icmje-recommendations.pdf</a>)

Manuscripts may be sent to PJGG email at <a href="mailto:pigg2019@gmail.com">pigg2019@gmail.com</a> and will be received by the Managing Editor. Once the paper has been assigned to an editor or reviewer, the manuscript will be given a corresponding number.

For better organization of submissions, the Subject of the email as well as the filename shall follow the following format: **Name of the Organization Surname of the main author Complete Title**.

Example: PSGG\_Mendoza\_Ageing in the Philippines

Deadline of submission is on June 15, 2019.

### **Conflicts of Interest**

All manuscripts submitted must contain a full disclosure of the authors on all potential conflicts of interest. Conflict of interest exists when an author (or the author's institution) has financial or personal relationships that may inappropriately influence (bias) his or her actions. Such relationships are also known as dual commitments, competing interests, or competing loyalties. Financial relationships (such as employment, consultancies, stock ownership, honoraria, paid expert testimony) should also be disclosed. To prevent ambiguity, authors must state explicitly whether potential conflicts do or do not exist. Authors should do so in the manuscript on a separate page that follows the title page, providing the necessary details. The journal editors reserve the right to publish this information if they believe it is important in judging the manuscript.

## **Summary (Abstract)**

An author's summary (abstract) should be given. It should contain no more than 300 words, informative and suitable for use by abstracting services, and must have the following parts: Introduction, Methods, Results, Discussion, Conclusion and Keywords.

#### References

References should be typed doubled-spaced in numerical sequence. The references style of this journal follows that of the Index Medicus. Personal communications, unpublished data or manuscripts in preparation may not be included in the references, but may be so indicated in the text in parenthesis. Abstracts must be identified in the references as such.

References to literature should follow these examples:

#### Article:

Gonzaga AJ, Jao RL, Antonio-Velmonte MM; Tetracycline Serum Concentration in Normal Adult Filipinos. Phil J Int Med, 9:49,1971.

#### Book:

Major RJ: Physical Diagnosis, Philadelphia, WB Saunders, 1951.

#### Chapter in Book:

Cabral El, Guzman SV, Estrada J, Hackenberg B, Hackenberg R, Yason J- Prevalence and Severity of Hypertension in Individuals Aged 50 Years or Over from Urban & Rural Communities in the Philippines. Hypertension in the Young and Old, Edited by Onesti G, Kim K. New York, Grune and Stratton, 1981, p899.

Authors should submit references that are accurate and complete. All authors of articles should be cited.

# Illustrations

Each figure should be identified at the back or on a separate sheet with an Arabic number, the names of the authors, title of the manuscript at the top of the figure indicated. Figure legend should be compiled on the same sheet. Clear original drawings, pictures, illustrations should be submitted.

#### **Tables**

Tables should be given a brief informative title and a Roman number separately from the figures. Each table should be typed on a separate sheet of paper. Footnotes should be designated within the table and explained below it in order. The number of tables should be kept to a minimum. Tables whose content can be fully incorporated in the text should be eliminated.

### **Brief Reviews**

In addition to original research, the Philippine Journal of Geriatrics and Gerontology will publish Brief Reviews from time to time which will summarize the present state of knowledge of a particular aspect of Internal Medicine. Suitability of a Brief Review for publication will be subject to evaluation just like for original research reports.

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All communications concerning editorial matters including advertising, updates and follow up on submitted manuscripts should be sent to Christine Marie Mendoza-Walog, Managing Editor, Philippine Journal of Geriatrics and Gerontology at <a href="mailto:pigg2019@gmail.com">pigg2019@gmail.com</a>.